

## Kenacort Injection – Information for patients

You have (today) discussed treatment with a Kenacort injection with your dermatologist.

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### ◆ What is a Kenacort® injection?

Kenacort® is a corticosteroid (adrenal cortex hormone). It can be injected locally into the skin to reduce skin inflammation, skin thickening, or excessive scar formation.

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### ◆ When is this treatment used?

This treatment may be used for, among other things:

- keloid scars or thickened scars
- alopecia areata (patchy hair loss)
- other localized skin conditions, such as prurigo papules / Picker's nodules

Your dermatologist will determine whether this treatment is suitable for you.

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### ◆ How does the treatment work?

- The injection is administered **directly into the affected skin area**.
  - The treatment takes place at the outpatient clinic.
  - The injection site is disinfected beforehand.
  - The injection may be briefly painful.
  - The procedure usually takes only a few minutes.
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### ◆ What can you expect?

- The effect often occurs gradually.
  - Sometimes multiple treatments are needed.
  - The result varies from person to person and depends on the condition.
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## Possible side effects

As with any medical treatment, side effects may occur, including:

- temporary pain or redness
- thinning of the skin (skin atrophy)
- lighter skin discolouration
- small visible blood vessels

These side effects are usually local and often temporary.

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## Aftercare

- You can usually resume your daily activities immediately.
  - Avoid excessive pressure or friction on the injection site.
  - Contact us if you experience increasing pain, redness, or any other symptoms.
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## Consent

Before the treatment:

- Your dermatologist will explain the procedure to you
  - You will give verbal consent (informed consent)
  - This consent will be recorded in your medical record
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**We hope this information has been helpful.**

If you have any further questions, please feel free to ask them during your appointment.

— J. Zweegers, MD PhD, dermatologist

 If you have complaints, questions, or possible complications after this procedure, you can contact the dermatologist by phone **24 hours a day, 7 days a week** at the number below:

 Avonddermatoloog – +31 6 19470564

 [www.avonddermatoloog.nl](http://www.avonddermatoloog.nl)